

## A SIMPLE GUIDE TO

# Free ACT abortion services



## WHAT IS ABORTION?

Abortion is a safe and common medical procedure to end a pregnancy.

There are two types of abortion - surgical and medication abortion. The type of abortion you might get will depend on your gestation.

Gestation means the amount of time you've been pregnant and is measured in weeks and days from the first day of your last menstrual

# IS ABORTION LEGAL IN THE

**Yes.** In the Australian Capital Territory (ACT) it is legal to end a pregnancy with an abortion at any gestation.

## IS ABORTION FREE?

Abortion is free at specific general practices and health services if you live, work or study in the ACT.

Abortion is free even if you are an international student or on a temporary visa. You do not need to have a Medicare card.

You will need to show some proof that you live, work or study in the ACT. This could include a driver's licence or a recent bill with your name on it showing your ACT address.

If you do not live, work or study in the ACT, you can still have an abortion at a service in Canberra, but it will not be free.

Turn over to find free ACT service providers.

## Deciding to have an abortion

If you're unsure whether you'd like to have an abortion, pregnancy options counselling is available to support you in making the best choice for yourself.

## Up to 6 weeks gestation

Schedule an appointment: Contact one of the general practices or abortion clinics listed on the following page.

Initial tests: You may be referred for a blood test or ultrasound to confirm the gestation and determine the type of abortion—medication or surgical. These services are available at no cost from providers listed on the next page.

Medication abortion: If a medication abortion is suitable, your doctor will prescribe MS-2 Step. You can fill this prescription for free at any of the pharmacies listed on the next page.

## Between 6 and 16 weeks gestation

You may need a surgical abortion. Please call one of the abortion clinics listed on the next page to schedule an appointment.

#### 16 weeks gestation and over

You may need a referral to a specialised service. Contact a general practice or abortion clinic from the list on the next page to schedule an appointment.

## After having an abortion

If you would like post-abortion counselling support or would like to discuss post-abortion contraception, providers on the next page can help. General practices on the list can prescribe free post-abortion long-acting reversible contraception options.



For more information scan the QR code or visit www.mypregnancyoptionsact.org.au





## **UPDATED OCTOBER 2024**

# **ACT** service providers



# PREGNANCY OPTIONS COUNSELLING

If you would like support to decide whether or not to continue your pregnancy, call to make an appointment to access free counselling and information:

Sexual Health and Family Planning ACT (02) 6247 3077 shfpact.org.au

1/28 University Avenue, Canberra City ACT 2601



## **PHARMACIES**

Visit any of the following pharmacies to fill a prescription for medication abortion or postabortion contraceptive:

## **Capital Chemist Charnwood**

02 6258 4949
<u>capitalchemist.com.au/charnwood</u>
Charnwood Shopping Centre, Charnwood ACT
2615

## **Capital Chemist Dickson**

02 6248 7684 <u>capitalchemist.com.au/dickson</u> Shops 2/6 Dickson Place, Dickson ACT 2602

## Capital Chemist Wanniassa

02 6231 6446
<u>capitalchemist.com.au/wanniassa</u>
Wanniassa Shopping Centre, Wanniassa ACT
2903

## **Lanyon Pharmacy**

02 62848555

<u>lifepharmacygroup.com.au/lanyon-pharmacy</u> Lanyon Market Place, Conder ACT 2906

## **GENERAL PRACTICES**



If you are **less than six weeks pregnant** (or not sure), call to schedule an appointment for free abortion services:

## **Conder Surgery**

(02) 6294 9366 <u>condersurgery.com</u> 3/3 Sidney Nolan Street, Conder ACT 2906

## **Molonglo Valley Medical Centre**

(02) 5110 3155 molonglovalleymedicalcentre.com.au 110 Woodberry Ave, Coombs ACT 2611

### **Watson General Practice**

(02) 6248 7005 wgp.net.au 34 Windeyer Street, Watson ACT 2602

## PATHOLOGY AND IMAGING

If you have been referred for pathology (including blood tests) or ultrasounds:

## Capital Pathology (blood tests)

capitalpath.com.au

Various locations (visit website for details)

## I-Med Radiology Network (ultrasounds)

i-med.com.au

Various locations (visit website for details)

## **ABORTION CLINICS**

If you know **you are over six weeks pregnant**, call any of these providers to schedule an appointment for free abortion services:

## **MSI Australia**

1300 003 707 <u>msiaustralia.org.au</u> 1 Moore St, Canberra City ACT 2601



For more information visit www.mypregnancyoptionsact.org.au